

seabrook®

The heart of
recovery



seabrook.org
(800) 761-7575



LEVELS OF CARE

Withdrawal Management
(Alcohol and Opiate Detox)

Men's Residential Treatment

Women's Residential Treatment

Partial Hospitalization (PHP)
Treatment/Partial Care

Intensive Outpatient (IOP)
Treatment

Medication-Assisted Treatment
(MAT)

Family Matrix Program

Holistic Treatment Options

Welcome

Founded in 1974 by Jerry and Peg Diehl to help families recover from the ravages of alcoholism and drug addiction, Seabrook has grown to include several locations, each providing a variety of evidence-based treatment options.

Our multidisciplinary medical team oversees all treatment programs and is board-certified in addiction medicine, addiction psychiatry, and family practice, along with other specialties.

At its heart, Seabrook is, and will remain, a labor of love.

Much of our staff is in recovery, offering a personal connection with every client. It is a special thing to be helped by people who know exactly what early recovery feels like, and to be reminded every day that recovery is possible.

WITHDRAWAL MANAGEMENT (ALCOHOL AND OPIATE DETOX)

Individualized care begins with an assessment of need. People who require withdrawal management are cared for in our medically monitored main campus facility. Seabrook physicians, nurses, and therapists make the detox process as comfortable as possible, including holistic therapies like acupuncture and massage.

INPATIENT TREATMENT

Men's Residential Treatment and Women's Residential Treatment

Seabrook provides gender-specific, inpatient treatment for the physical, emotional, and spiritual illness that is addiction. Our structured 30-day program includes individual and group therapy, along with individualized treatment options based on need.



OUTPATIENT SERVICES

Outpatient treatment can be a critical building block following inpatient or extended treatment. For others, it is the entry point to recovery. Care managers work with each client to design a treatment plan specific to their needs.

PARTIAL HOSPITALIZATION (PHP) TREATMENT / PARTIAL CARE

Our partial care program meets four days a week for five hours a day. It includes individual and group counseling and one meal per day.

INTENSIVE OUTPATIENT (IOP)

Our IOP takes place four days a week with four 3-hour group sessions, one individual counseling session, and monthly family/outside provider contacts.

INDIVIDUAL & FAMILY COUNSELING

Each client and family receives one 1-hour session with a therapist each week.

SEABROOK FAMILY MATRIX

This is a 3-day family experience that allows families to begin to heal and strengthen the family bonds that have been strained by addiction. This program commences the exploration of family dynamics in a group setting to create a sense of safety and acceptance that is vital to family healing. Family members learn how to reclaim the family from addiction and restore a sense of hope as the miracle of recovery is revealed.

MEDICATION-ASSISTED TREATMENT (MAT)

Seabrook prides itself on remaining on the leading edge of addiction treatment. Opiate addiction often requires a non-traditional, medication-based approach. Our buprenorphine MAT program is overseen by a medical team that is board-certified in addiction medicine, addiction psychiatry, family practice, and other specialties. MAT can be completed on an inpatient or outpatient basis.

seabrook®

Contact us to get the help you need.
(800) 761-7575 | seabrook.org

OUR MISSION
Improve the lives we touch

LOCATIONS

133 Polk Lane
Bridgeton, NJ 08302
(856) 455-7575
Fax: (856) 453-1022

1930 Marlton Pike East (Route 70)
Suite O-77
Cherry Hill, NJ 08003
(856) 663-0010
Fax: (856) 375-2000

101 Madison Ave., Suite 205
Morristown, NJ 07960
(973) 946-8200
Fax: (973) 795-2229

21 White Street
Shrewsbury, NJ 07702
(732) 889-3900
Fax: (732) 414-7970

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